

COVID-19 POSITIVE PATIENT POLICY

This policy has been developed in accordance with the most updated CDC guidelines (July 20, 2020).

- A patient who tests positive for COVID-19 and is determined well enough to isolate at home will be required to immediately quarantine and self-isolate at home
- If the patient requires cardiac attention during quarantine, we will set up a telemedicine visit for the patient
- A test-based strategy is no longer recommended to determine when to discontinue home isolation, except in certain circumstances.
- Symptom-based criteria is the best way to determine when to discontinue home isolation and were modified as follows.
 - ***Patient with mild to moderate symptoms (who were never hospitalized) may discontinue home isolation if:***
 - At least 24 hours have passed *since last* fever without the use of fever-reducing medications, and
 - Patient has had a major improvement in symptoms
 - ***Patients with severe illness (were hospitalized) may discontinue home isolation if:***
 - They are 20 days past symptom onset
 - ***Patients who never develop symptoms, isolation and other precautions can be discontinued:***
 - 10 days after the date of their first positive RT-PCR test for SARS-CoV-2 RNA.

If you test positive for COVID-19, CCMC will conduct telemedicine visits until you are 20 days past the date of your first positive PCR COVID-19 test or 20 days past symptom onset (whichever is longer). Once you have met this 20 day threshold and symptoms have improved greatly, you will be allowed to come for in-office visits.

Please make sure to notify our office if you test positive so that we can document this in your chart.